## **Forklift Training Program Mesa**

Forklift Training Program Mesa - Lift trucks are occasionally called lift trucks, jitneys or hi los. These powered industrial trucks are used widely these days. Department stores used forklifts to unload goods from trailers. Warehouses use them for tiering merchandise. And grocery stores make use of small models to drop supplies in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, forklift operators are needed to be well trained and licensed. The priority should be on worker and pedestrian safety. This lift truck training program teaches the health and safety rules governing forklifts in order to ensure their safe and efficient utilization.

Forklift Training Program Safety Guidelines:

Forklift training programs are meant to ensure that the operator can safely control the forklift during lifting, tilting and traveling. Just qualified operators must drive a forklift.

When the forklift is in use; head, arms, hands, feet and legs should be kept in the forklift. Lift truck forks should be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Honk the horn and reduce speed when taking a corner. If the vision of the driver is blocked by the load, slowly drive in reverse. Pre-check the ground for potential dangers, such as wet or oily spots, objects, rough patches, holes, vehicles and people. Prevent sudden stops.

If a person or vehicle crosses the lift truck's blind spot, stop the truck, lower the load, and do not continue until the way is clear. If traveling on an incline, the forks must be pointed downhill without a load and uphill with a load. The lift truck must only be turned around when on level ground.

Safety guidelines when steering - Never turn the steering wheel sharply if traveling fast. Turn utilizing the rear wheels and support the load by the front wheels. An overloaded truck will be difficult to steer. Adhere to load limits. Do not add a counterweight in order to improve steering.

Safety guidelines when loading - Follow the suggested load and capacity restrictions of the forklift. This information is displayed on the data plate. Always ensure that the load is positioned based on the suggested load centre. The forklift will remain stable as long as the load is kept near the front wheels.

Prior to inserting the forks into the pallet, the forklift mast must be in an upright position. Level the forks prior to inserting them.